

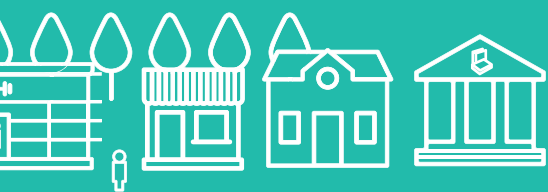


BEECHOLME

• *Adult Care* •



Quality Mental Health Care



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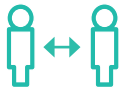
Equal opportunity



Beecholme adult care provides specialist high quality residential facilities. We ensure continual support, rehabilitation and care for individuals with mental health dual diagnoses and other complex needs.

Who the service is catered for.....

We are provider of high quality support rehabilitation care for individuals:



Aged 18-65year with enduring mental health needs



Individuals whom require a care pathway after recovery from substance/alcohol misuse with on going mental health needs



Individual requiring aftercare/support when ready to be discharge from psychiatric wards



Vulnerable adults living in the community in crisis due to a break down of systems of care/support and those in need of short term and long term care.



Private Referral from GP-professionals and family



Emergency crisis services



Intensive 1-2-1 support



Rehabilitation in the
community



Respite care



Floating support



Independent Living

Counselling &
Therapeutic services



Drop in Services



Our Philosophy

Beecholme adult care aims to provide the **highest Quality** of care in a **homely and safe environment** for individuals with a history of mental illness,

Service users who may also have a history of offending and have undergone a period of hospitalisation and will benefit from resettling back into the community.

We are committed to providing informed choices.



Mental Health - development





Care services & support networks/care pathway



Understanding mental health

An individual whom feels mentally healthy doesn't mean that they don't suffer/experience mental health problems. Mental Health and wellbeing is just as important as to having good balanced physical health.

We all have times when we feel down or stressed and frighten. Most of all the times those feelings pass. But sometimes they could develop into more serious problems, but this could happen to any individual.

As every individual is different and how they cope with changes can vary, some people may recover quickly from a mental health episode while others may feel they can't cope.

There are several different types of mental health that can be diagnosed:

- Schizophrenia
- Bipolar
- Schizoaffective
- Psychosis
- Depression
- Personality disorder

Mental health doesn't always stay the same it can change as circumstances change while moving through different stages of your life.

If you are in good health you can:

- **Attain the potential in your life.**
- **Cope with life**
- **Be proactive with family, workplace, community and friends.**

Why diagnosis is important

Some people experiencing mental health problems often put off seeking help & support. Sometimes this is because they are embarrassed or frightened or they may just feel that there is a little stigma attached to this.

A proper diagnosis is important, as it will:

- **Help people to plan for the future**
- **Help people get the right support services**
- **Identify the type of mental health the individual is experiencing to ensure the right method of therapy is obtained.**

As research develops more drugs for treating different types of mental health conditions become available, but it is important to match the diagnoses of mental health to the right type of drug.



Information & advice

All local authorities provide a number of services, information and guidance to people requiring mental health support for themselves or their families.

This can vary depending on what borough locality the individual is from, But if you are uncertain and require advice, please contact us at Beecholme Adult Care and we are happy to help.



Living well

General health & wellbeing is as important once diagnosed with a mental health diagnosis it is important that people keep themselves as healthy and independent as possible.

At Beecholme we look to guide individuals to help manage their symptoms through 1-2-1 or keyworker session and CPAs. This method of support aims to achieve the best long term goals and reduced risk of relapse to the mental condition of the individual.

We work together with the services user to compile a care and wellbeing plan. The areas of care we incorporate are:

- **Support to recovery from addictions and substance misuse**
- **Monitoring of mental health**
- **Support with cooking and laundry**
- **Guidance and support with personal hygiene and appearance**
- **Monitoring and support with medication**
- **Help managing finance and benefit claims**
- **Monitor and help developing social skills**
- **Help to access skills and college education**

At Beecholme adult care we have a weekly activities schedule, which focuses on the development of daily living and coping skills, social interaction, education and access to employment, our activities schedule includes:

Daily living - cooking, cleaning, gardening, laundry, practical skills, and health education sessions

Social skills, Group Chats, discussion groups, outdoor activities, outings, managing relationships, appearance, appropriate behaviour, and assertiveness.

Educational needs, reading & writing, college and skills based training.

Employment opportunities, CV writing

Physical activities, exercise, walking, cycling groups.



Beecholme staff

Beecholme Adult care staff are all well trained and experienced professionals .

They come from a range of differing working backgrounds. Our staff work with honesty respect and provide support and care with genuine compassion.

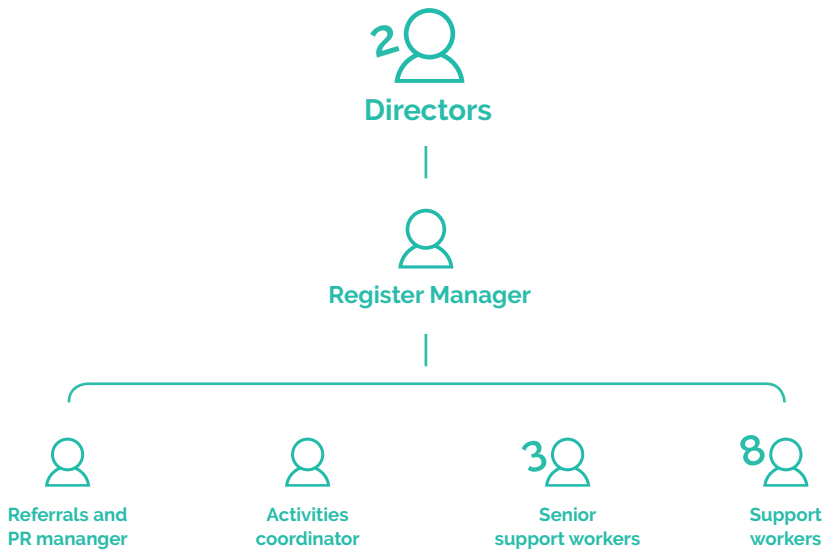
98% of Beecholme staff are trained at level 2-3 in NVQ & QCF.

Our  registered manager is qualified with level 4 NVQ/QCF and RMA.

Beecholme staff are provided with:

specialist mental health training from dealing with challenging behaviour, **to bipolar**, schizophrenia, personality disorder, **depression *and* alcohol *and* illicit substance use.**

The home management team is structured as indicated below.



There are generally **3 members of staff available** during the day, **from 8am-10pm** one of whom would be the registered manager, members of staff are always available throughout the **night from 10pm to 8am.**

Support staff are available for **intense 1-2-1 working or floating support to 24hrs per day.**

In case of emergencies the director/proprietor/manager are **always on call and available.**

Length of stay

“There is no fixed term for individual stays.”

The period of stay **may range from a few weeks** respite care **to 6 months**. Individual may also require longer-term stays.

Individuals can leave earlier if it is deemed to be appropriate and certain that the individual residents is now able to live independently in his/her independent accommodation in the community.

Any such move will be co-ordinated in collaboration with the residents CMHT, Care managers/social worker and NOK.

Referral procedure, criteria and process

Residents may be admitted on either a **long-term** stay (Without limit of time) or **short-term basis**, or for a period of assessment with a written report and recommendations.

Fees for residential care are determined after an initial consultation, and are based on the needs of each service user. Fees cover care and housing and there are no extras unless additional services commissioned.

All fees are payable one month in advance by invoice.

Referrals can be made online via our website

www.beecholmeadultcare.co.uk or

by email at referral@beecholmeadultcare.co.uk or

call us on 0208 648 6681, and

you can also write to us at Beecholme Adult Care,

Beecholme House, 2 - 4 Beecholme Avenue,

Mitcham, Surrey CR4 2HT

Trial monitoring reviewing

The trial period **can be between 4-6 weeks**, if care can be managed effectively and the individual is happy with their stay at Beecholme House, a further date of review or CPA can be set for 3-6months or a period of up to a year.



The delivery of care and the individual's progression at Beecholme will be recorded by daily & monthly reporting.

A report is generated at the end of each month and is presented in the CPA review.

Beecholme fees and charges

The charges/fees are established once the individual has been assessed, charges are based on the individual's needs, and support requirements.

The fees cover the following:



Accommodation



Meals



Care/support



Staffing cover



Activities



Rates-general &
Utility

Weekly fees for service users in **residential care** start from £750 plus any additional needs identified during assessment or subsequently during trial monitoring.

The weekly fee for independent living units/step down start from £450 this includes housing utilities and elements of support, extra support or planned regular 1-2-1's will come as a separate charge depending on the individual's needs.

Block bed purchase (BBP) will attract a discounted rate and contractual agreement is open to discussion, please contact:

Beecholme Adult Care for further information.

Equal opportunity



*Beecholme is a **non-discriminatory** organisation constantly working towards **promoting care** in an environment that **values people, respects everyone's** contribution to the organisation not without standing their race, gender, religion or belief, sexuality, age or disability.*

Beecholme will ensure that everyone within its establishment will enjoy equal rights and equal access to its services.



BEECHOLME

• Adult Care •

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Beecholme Adult Care is registered residential care Home that provides continual support for individuals with mental health and complex needs.

